

Menu

Summer 2018



Week 1

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Chicken Tikka Masala Or Quorn Tikka Masala VEG</p> <p>Served with Turmeric and caramelised Onion Rice with Broccoli and Peas and Baby Spinach</p> <p>Marbled Chocolate Orange Cake FSA Allergy List 2,4,7,13</p>	<p>Homemade Tomato Spaghetti Hoops on Mini Homemade Butter Milk Bagels VEG</p> <p>Served with Grated Cheese and Sliced Cucumber</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1,2,4,7</p>
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Lamb and Beetroot Patties Or Roasted Sweet Potato, Lentil and Parmesan Patties VEG</p> <p>Served with Oven Baked Potato Wedges, Peas and Corn, Mini Floured Baps and Homemade Mint Yoghurt Sauce</p> <p>Oaty Short Bread FSA Allergy List 1, 2, 7</p>	<p>Wholemeal Pizzas with Hidden Veggie Tomato Sauce Loaded with Peppers, Corn and Tomatoes VEG</p> <p>Served with Crunchy Vegetable Sticks</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2,4,7,13</p>
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Rustic Beef and Tomato Ragù Or Chunky Chargrilled Vegetable Ragù VEG</p> <p>Served with Garlic Dressed Linguine, Seasonal Veggies and Homemade Olive Focaccia Bread</p> <p>Lemon Drizzle Cake FSA Allergy List 1, 2,4,7</p>	<p>Homemade Fish Finger Sandwiches VEG</p> <p>Served with A Lemon and Parsley Mayo, Shredded Iceberg Lettuce And Corn on the Cob</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2,4,7,13</p>
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Corn Meal Crusted Chicken Tenders Or Corn Meal Crusted Tofu/Quorn VEG</p> <p>Served with New Potatoes with A Parsley Butter, seasonal vegetables and Roasted Garlic and Parsley sauce</p> <p>Homemade Jelly and Custard FSA Allergy List 1,2,4,7,13</p>	<p>Loaded Cheese and Ham Or Baby Plum Tomato and Parmesan VEG</p> <p>Potato Skins Served with sour cream and chive Dip and Crinkle Cut Cucumber Slices</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7,9</p>
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Creamy Fish Pie Or Creamy Quorn And Leek Pie VEG</p> <p>^{VEG} Topped with A Sweet Potatoes and Dill Scone And Served with Potatoes, Peas, Sweet Corn and Carrots</p> <p>Vanilla and Cherry Swiss Roll FSA Allergy List 1, 2,4,5,7</p>	<p>Homemade Roasted Tomato Soup VEG</p> <p>Served with Homemade Ham and Cheese Straws and Homemade Crusty Bread</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
	Water/Fruit Juice	Milk/Water	Water	Water/Fruit Juice

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Week 2

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Chunky Moroccan Lamb Stew with Apricots and Dates Or Roasted Peppers, Apricots, Date and Soya Bean Stew VEG Served with Cous Cous (Rice) And Homemade Flat Bread</p> <p>Banana and Coconut Cookies FSA Allergy List 1, 2, 7,14</p>	<p>Chicken, Broccoli and Sweet Corn Pasta Bake With Or Tuna Broccoli and Sweet Corn Pasta Bake With VEG</p> <p>Served with Garlic Dough Sticks</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Creamy Smoked Garlic Chicken Or Creamy Smoked Garlic Quorn VEG Served with Penne Pasta, Broccoli, Carrot, Petit Pois And Homemade Dough balls</p> <p>Apple and apricot ripple FSA Allergy List 1, 2,4, 7,14</p>	<p>Build Your Own Mexican Tacos With A Choice Off Fillings Beef or Quorn VEG Roasted Chargrill Vegetables, Grated Cheese and Sour Cream Served with Rice and Beans</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Baked Cod with A Herb and Lemon Crust Or Baked Quorn With A Herb and Lemon Crust VEG Served with Sauté Potatoes, Seasonal Vegetables and Child Friendly Tartar Sauce</p> <p>Homemade Panna cotta with Crunchy Topping FSA Allergy List 1, 2,4,5,7</p>	<p>Homemade Sweet Potato Pizza Bagels Topped with peppers and Sweetcorn and Melting Cheese VEG Served with Crinkle Cut Cucumber and Baby Leaf Salad</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Beef Lasagne Or Red Lentil Lasagne VEG Served with Seasonal Vegetables, Summer Salad And Homemade Focaccia Bread</p> <p>Sticky Toffee Cupcakes FSA Allergy List 1, 2, 7</p>	<p>Jacket Potatoes Served With Tuna and Sweetcorn Mayonnaise with Cucumber Sticks and Grated Cheese VEG</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	<p>Roast Gammon Or Glazed Roast Tofu VEG Served with Homemade Gravy, Roast Potatoes, Broccoli, Carrots and Fine Green Beans</p> <p>Viennese Whirls FSA Allergy List 1, 2,4,7,14</p>	<p>Selection of Sandwiches In Homemade Flavoured Breads Tuna and Sweet Corn, Cream Cheese and Cucumber, Egg and Cress Served with Crudités and Cheese and Pineapple VEG</p> <p>Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7</p>
	Water/Fruit Juice	Milk/Water	Water	Water/Fruit Juice

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Summer 2018



Week 3

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Glazed Pulled Pork Or Chargrilled Halloumi Cheese in BBQ Sauce VEG Served with Oven Baked Crinkle Cut Wedges, Corn on The Cobs and Homemade Corn Bread Chocolate and Beetroot Cake FSA Allergy List 1,2,4,7	Homemade English Muffins Topped with Baby Plum Tomatoes and Melting Cheese VEG Served with A Cucumber and Baby Leaf Salad Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Beef Bolognese and Hidden Vegetables Or Vegetable and Lentil Bolognese VEG Served with Spaghetti Pasta, And Homemade Garlic Focaccia Bread Homemade Jammy Dodger FSA Allergy List 1, 2, 7	Homemade Hot Dogs A Caramelised Onion and Pork Or Roasted Pepper and Lentil Sausage VEG Served in Homemade Buns and Topped with Tomato Chutney Fresh Fruit and Yogurt FSA Allergy List 1, 2,
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Creamy Turkey Korma Or Creamy Quorn/Tofu Korma VEG Served with Braised Rice Homemade Carrot and Coriander Flat Bread Homemade Summer Berry Jelly Pots FSA Allergy List 2,4,7	Homemade Cheese and Onion Pastry Roll VEG Served with Tomato Chutney and Mini Cheesy Jacket Potatoes Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7,13
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Poached Fish in A Parsley Cream VEG Served With Hassel Back Potatoes Broccoli, Cauliflower And Crinkle Cut Carrots and Courgettes Sweet Potato and Mango Cake FSA Allergy List 1, 2,4,7,14	BBQ Chicken Or BBQ Quorn VEG Roasted Red Pepper Quesadillas Served with Sweet Corn Salsa Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7,13
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Chargrilled Chicken Or Chargrilled Quorn VEG Served in A Garlic and Sweet Potato Sauce with Fresh Basil Topped with Crunchy Croutons Served with Oven Baked Arancini Balls Seasonal Vegetables Sugar Free Banana muffins FSA Allergy List 1,2,4,7	Cheese and Tomato Pasta Bake With Beef Meats Balls Or Veggie Balls Served VEG Served with Garlic Focaccia Bread Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7,13
	Water/Fruit Juice	Milk/Water	Water	Water/Fruit Juice

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SLICE OF PIE

Week 4

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of, Cereals with Milk	Fresh Fruit Platter Milk	Beef Chilli Con Carnie Or Quorn Chilli Con Carnie VEG Served with Brown Rice, Green Beans, Broccoli and Homemade Corn tortilla crisps Pumpkin and Pear Cake FSA Allergy List 1,2,4,7,14	Homemade Thin and Crispy Pizza Topped With Béchamel Sauce, baby plum tomatoes, Parmesan and Parsley Or Béchamel Sauce, Garlic Mushroom, Parmesan and Parsley VEG Served with Crunchy Vegetable Sticks Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7,13
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Homemade Oven Baked Breaded Fish Goujon VEG Served with Oven Baked Wedges, Peas, Sweet Corn and Homemade Ketchup Neapolitan Shortbread FSA Allergy List 1,2,4,5,7	Chicken and Bean Enchiladas Or Quorn And Bean Enchiladas VEG Served with Apple Coleslaw Fresh Fruit and Yogurt FSA Allergy List 1, 2,4,7
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Sweet and Sour Chicken Or Sweet and Sour Quorn VEG With Fresh Pineapple and Coriander Served with Stir Fried Vegetables and Egg Noodles, Green Beans, Courgettes and Broccoli Apple and Blueberry Loaf FSA Allergy List 1,2,4,7,14	Jacket Potatoes Served With Homemade Baked Beans with Hidden Vegetables And Grated Cheese Fresh Fruit and Yogurt FSA Allergy List 1, 2,
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Lemon Thyme Turkey Or Lemon Thyme Tofu/Quorn VEG Served in A Caramelised Leek and Onion Sauce Served with Braised Rice, Carrots, Broccoli Mango and Coconut pots FSA Allergy List 1, 2,4,7	Penne Pasta in A Neapolitan Sauce Veg Served with Grated Cheese, Homemade Garlic Ciabatta Bread And Baby Leaves Fresh Fruit and Yogurt FSA Allergy List 1, 2, 7
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter Milk	Homemade Pork and Marmite Sausage Or Leek Lentil and Parmesan Sausage VEG Served with Buttered New Potatoes, Seasonal Vegetables and Homemade Redcurrant Gravy Rhubarb Crumble Cupcakes FSA Allergy List 1, 2,4,7	Tuna Melts Or Cheese and Tomato Melts VEG On Homemade Bread Served with Homemade Baked Beans Made with Hidden Veggie Tomato Sauce Fresh Fruit and Yogurt FSA Allergy List 1, 2,4,5,7
	Water/Fruit Juice	Milk/Water	Water	Water/Fruit Juice