

Menu

Winter 2018

SLICE OF PIE



Week 1

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Creamy Chicken And Leek Pie Or Creamy Quorn And Leek Pie VEG Served With Puff Pastry Topper Sautéed Potato And Seasonal Vegetables</p> <p>Apple And Sultana Cookies FSA Allergy List</p>	<p>Cheese And Tomato Pasta Bake With Focaccia VEG</p> <p>Fresh Fruit And Yogurt FSA Allergy List</p>
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Lamb And Apricot Meat Balls Or Lentil, Parmesan and Red Pepper Balls VEG Served in a Sweet Potato, Tomato and Rosemary Sauce, With Cous Cous Fine Green Beans, Carrots And Sweetcorn</p> <p>Strawberry And Raspberry Jelly FSA Allergy List</p>	<p>Jacket Potato With Cheese And Baked Beans VEG</p> <p>Fresh Fruit And Yogurt FSA Allergy List</p>
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Beef In Plum Sauce Or Sweet and Sour Quorn VEG Served With Stir Fry Noodles And Shredded Chinese Vegetables Broccoli And Green Beans</p> <p>Carrot Cake FSA Allergy List</p>	<p>Hot Wrap Selection Beans VEG or Chicken</p> <p>Fresh Fruit And Yogurt FSA Allergy List</p>
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Pork, Sage And Onion Meat Loaf Or Sweet Potato, Pumpkin and Lentil Loaf VEG Served With Homemade Red-Current Gravy, Roast Potatoes And Seasonal Vegetables</p> <p>Banana And Rice Malt Syrup Loaf FSA Allergy List</p>	<p>Tuna Melts On Homemade Bloomer Bread VEG Served With Cucumber Rounds</p> <p>Fresh Fruit And Yogurt FSA Allergy List</p>
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Homemade Fish Fingers VEG Served With Oven Baked Wedges And Spaghetti Shapes</p> <p>Date And Apple Crumble Slice With Custard FSA Allergy List</p>	<p>Creamy Chicken and Sweetcorn Soup Or Creamy Leek And Potato VEG Served with Chunky Homemade Bread</p> <p>Fresh Fruit And Yogurt FSA Allergy List</p>

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Week 2

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Lamb And Mint Cobbler</p> <p>Or</p> <p>Quorn And Roasted Root Vegetables Cobbler VEG</p> <p>Served With Roasted New Potatoes, Crinkle Cut Carrots, Peas And Savoy Cabbage</p> <p>Sweet Potato And Apple Cake</p> <p>FSA Allergy List</p>	<p>Margarita Pizza VEG</p> <p>Served With Salad And A Garlic Mayo Dip</p> <p>Fresh Fruit and Yogurt</p> <p>FSA Allergy List</p>
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Thai Turkey Meatballs</p> <p>Or</p> <p>Thai Paneer Cheese And Lentil Balls VEG</p> <p>Served With a Creamy Coconut And Spring Onion Sauce, Rice, Green Beans, Baby Corn And Broccoli</p> <p>Steamed Sticky Toffee Cake</p> <p>FSA Allergy List</p>	<p>Macaroni Cheese VEG</p> <p>Served with Garlic Dough Balls</p> <p>Fresh Fruit and Yogurt</p> <p>FSA Allergy List</p>
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Cod In A Lemon And Dill Sauce VEG</p> <p>Served With Penne Pasta</p> <p>Seasonal Vegetables And A Homemade Olive Focaccia</p> <p>Homemade Bourbon Biscuits</p> <p>FSA Allergy List</p>	<p>Cheese And Tomato Jacket Skins VEG</p> <p>Served With Sour Cream And Cucumber Sticks</p> <p>Fresh Fruit and Yogurt</p> <p>FSA Allergy List</p>
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Chunky Beef Chill Con Carnie</p> <p>Or</p> <p>Chunky Quorn Chilli Con Carnie VEG</p> <p>Served With Oven Baked Crinkle Cut Wedges, Peas And Corn</p> <p>Rice Pudding With Fruit Compote</p> <p>FSA Allergy List</p>	<p>Minestrone Soup VEG</p> <p>Served With Cheesy Twists</p> <p>Fresh Fruit and Yogurt</p> <p>FSA Allergy List</p>
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Char Grilled Lemon And Thyme Chicken Goujon</p> <p>Or</p> <p>Chargrilled Quorn Goujon Fillets VEG</p> <p>Served With Homemade Gravy, Roasted Potatoes, Carrots, Broccoli And Corn</p> <p>Strawberry Puff</p> <p>FSA Allergy List</p>	<p>Lamb Keema</p> <p>Or</p> <p>Lentil And Roasted Pepper Keema VEG</p> <p>Served With Rice And Fruity Naan</p> <p>Fresh Fruit and Yogurt</p> <p>FSA Allergy List</p>

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Week 3

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter	Homemade Pork And Apple Sausages Or Cheese and Leek Sausage VEG Served An Onion Gravy With Parmentier Potatoes And Seasonal Vegetables Rhubarb Crumble Cake And Custard FSA Allergy List	Salmon In A Creamy Dill Sauce VEG Served With Linguine Pasta, Petti Poise And Homemade Ciabatta Bread Fresh Fruit and Yogurt FSA Allergy List
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter	Beef Stroganoff Or Quorn Stroganoff VEG Served With Braised Rice, Peas, Corn And Rye Crusted Bread Apricot And Oat Biscuits FSA Allergy List	Cream Of Tomato Soup VEG Served with Crunchy Croutons Fresh Fruit and Yogurt FSA Allergy List
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter	Chicken Carbonara Spaghetti Or Garlic Mushroom and Halloumi Carbonara Spaghetti VEG Served With Dough Balls And Seasonal Vegetables Raspberry And Vanilla Blancmange FSA Allergy List	Vegetable And Lentil Chilli Jacket Potatoes VEG Fresh Fruit and Yogurt FSA Allergy List
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter	Creamy Fish Korma VEG Served With Braised Rice Green Beans, Peas And A Spinach Garlic Flat Bread Chocolate And Beetroot FSA Allergy List	Beef Sloppy Joes Or Quorn And Pepper Sloppy Joes VEG Served With Lightly Spiced Wedges, Sweet Corn And Sweet Potato Rolls Fresh Fruit and Yogurt FSA Allergy List
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter	Turkey Burgers Or Sweet Potato, Lentil And Parmesan Sliders VEG Served With Homemade Bap, Oven Baked Wedges, Shredded Iceberg Peas, Corn And A Lemon Mayo Apple And Sultana Swiss Roll FSA Allergy List	Creamy Mushroom And Spinach Pasta Bake VEG Fresh Fruit and Yogurt FSA Allergy List

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Week 4

Day	Breakfast	Snack	Lunch	Tea
Mon	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Beef Bolognese Or Vegetable And Quorn Bolognese VEG Served With Spaghetti Pasta, Mixed Vegetables And Homemade Garlic Focaccia Bread</p> <p>Lemon And Courgette Cake FSA Allergy List</p>	<p>Homemade Sausage Rolls Or Cheese And Potato Pasties VEG Served With Baked Beans</p> <p>Fresh Fruit and Yogurt FSA Allergy List</p>
Tues	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Creamy Fish Pie VEG Served With Oven Baked Wedges and Seasonal Vegetables</p> <p>Garibaldi Biscuit FSA Allergy List</p>	<p>Lamb Shawarma Or Roasted Paneer and Pepper Shawarma VEG Served With Cous Cous Shredded Iceberg Lettuce And A Mint Yoghurt</p> <p>Fresh Fruit and Yogurt FSA Allergy List</p>
Wed	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Sausage Balls Or Red Leister and Lentil Balls VEG Served With Yorkshire Pudding, Homemade Gravy, Roast Potatoes And Seasonal Vegetables</p> <p>Cup Cake FSA Allergy List</p>	<p>Creamy Mushroom Soup VEG Served With Dough Sticks</p> <p>Fresh Fruit and Yogurt FSA Allergy List</p>
Thurs	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Mild Jerk Chicken Or Mild Jerk Quorn Fillet VEG Served With Rice And Peas</p> <p>Jelly And Custard FSA Allergy List</p>	<p>Tuna Pasta Bake VEG Served With Broccoli And Corn</p> <p>Fresh Fruit and Yogurt FSA Allergy List</p>
Fri	A Choice of Cereals with Milk	Fresh Fruit Platter	<p>Beef Stew Or Roasted Root Vegetables and Quorn Stew VEG Served With Dumplings, Hassle Back Potato And Seasonal Vegetables</p> <p>Pineapple Upside Down FSA Allergy List</p>	<p>Welsh Rarebit VEG Served With Spaghetti Shapes</p> <p>Fresh Fruit and Yogurt FSA Allergy List</p>